**WEBINAR** 

## **Humanity, Appreciation, Benefits**

HOW LAW FIRMS CAN CREATE A CULTURE THAT ATTRACTS AND RETAINS TALENT

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- Litigator for 12 years, including 5 at Skadden Arps
- Left practice several years ago to live his passion of advancing well-being, resiliency, and cultural transformation in the legal industry
- Masters in Psychology, with emphases in neuroscience, positive psychology and cognitive-behavioral psychology
- USC Law Professor & co-founder of USC's "Mindfulness, Stress Management & Peak Performance Program"
- Consults to and leads workshops at nearly half of the AmLaw 100 and many Fortune 500 corporations

## Kate Reder Sheikh, Esq.





Litigator for a decade

A recruiter since 2015

With MLA since 2017

Managing Director,Associate Practice Group

## **What does Organizational Culture MEAN?**



- "A collection of features," including a shared pattern
  of basic assumptions which group members have
  acquired over time as they learn to successfully
  cope with internal and external organizationally
  relevant problems." (E. Schein)
- "A set of shared assumptions that guide behaviors and shape new organizational members' way of perceiving, thinking and feeling."
   (D. Ravasi and M. Schultz)
- "Corporate personality consisting of the values, beliefs, and norms which influence the behavior of people as members of an organization." (E. Flamholtz and Y. Randle)
- The collection of values, beliefs, and principles of organizational members that influence the way people interact, behave, share knowledge, and individually feel based on formal policies or informal norms, and which are influenced by history, tradition, industry, market, technology, management style, and type of employees. (Hybrid concept)
- Organizational Culture v. Subculture





## Are all firms the same?



- Yes!!!
- Just kidding....NO!!!
- But they often appear the same from the outside to candidates because organizational culture is less tangible/measurable, more amorphous, and harder to objectively assess from the outside.
- Firms regularly fail to effectively telegraph how their culture is truly different than their peer firms, or intelligently establish policies/procedures that would be powerful distinguishers from their peer firms.

## View From The Associates



# Associates report that their firm is a hard place to work. What drives this?





## Hours

- Of course!
- But this is <u>not</u> dispositive.
- Many associates feel better at their firm than associates who bill more hours at other firms.

## Money

- Base comp + year-end/special bonuses
- Overrated: research reveals that money plays very little role

## Culture is Queen

# What role does culture play in the recruiting process?



- Both firms and candidates desire to weigh culture significantly....
  - But the truth is that most candidates struggle to effectively/objectively decipher culture from the outside when weighing competing offers
  - And most firms struggle to effectively telegraph/communicate their culture to persuade candidates with competing offers

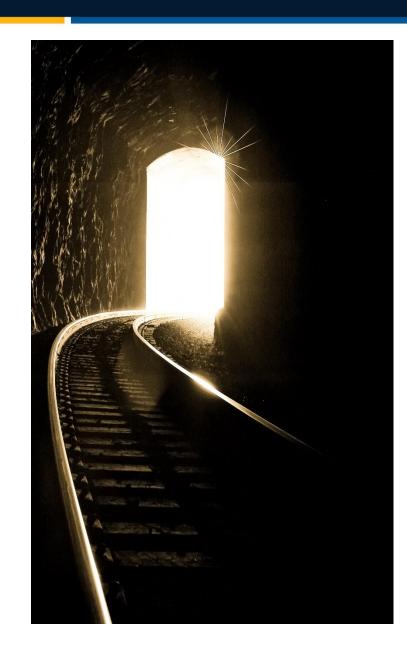
## What did 2020 teach us about culture?



We are all struggling!



- Greater sense of shared humanity and empathy within firms
- Remote work has somewhat diffused the organizational culture, and led to even greater influence by subcultures within the firm
- Firms have been more committed to providing programming and resources to advance well-being and mental health (but have they been the right ones?)
- Firms have largely maintained the same systems/structures that dictate culture, and have not made material changes in these areas...





## In order to...

- Advance/protect the well-being and mental health of their attorneys & staff
- Recruit top talent and win the "recruiting battle" over peer firms
- Retain top talent



# 10 Tangible Action Items law firms can take to "right the ship" & positively transform their culture

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## Introductory Points / Considerations

- FACT: one-off (and collections of) well-being workshops/webinars are wonderful, yet incapable of transforming culture [disease v. symptom management]
- **INTEGRATION:** in order to transform law firm culture, law firms <u>must</u> integrate well-being and emotional intelligence *into each component* of the firm's operations [no more "well-being silo"!]
- ACTION & SYSTEMIZATION: tangible action items <u>systematically</u> applied over time [≠ vague & adhoc intentions]
   [Action + Systemization = Cultural Transformation]
- CULTURAL TRANSFORMATION BUFFET: pick <u>5</u> action items (of the 10 provided) and commit to doing your best to incorporate them into your firm within the next year [if you do, culture will be different by the end of 2021!]

## 1 Top partner well-being proclamations





- Vulnerability and allyship from the most influential partners [silence is complicity]
- **OMP & Top 10** influential partners in each office
- "Partner Well-Being Series"
  - Monthly or bi-monthly email blasts
  - One partner featured each month? Or 5 partners for 6month series?

## Possible Topics/Questions to Facilitate Email Blasts



How does a commitment to your mental health or emotional well-being make you a happier human or better lawyer? What do you personally do to support your own emotional well-being? What recommendations do you have for associates to improve their mental health, stress resiliency, or emotional well-being? What was a time in your life that you mentally/emotionally struggled, and what did you do to healthily cope with it? What would you tell your younger self about stress, mental health, or emotional wellbeing that you wish she/he knew at the time? What is an example of how you have improved your mental health or emotional wellbeing on a particular career or life issue over the years, and how did you do it? What do you think about the disproportionately high rates of stress, anxiety, depression, substance abuse, and suicide in the legal profession? How can we improve? How can we be more sensitive to or supportive of the stressors or mental/emotional challenges facing our colleagues? Lawyers? Business Services Professionals? Staff?



2

- Systematized questions about well-being and resiliency, and their relation to professional performance, in each interview
- Overt consideration by Hiring Committee of these issues
- Feedback loop / mutual reinforcement





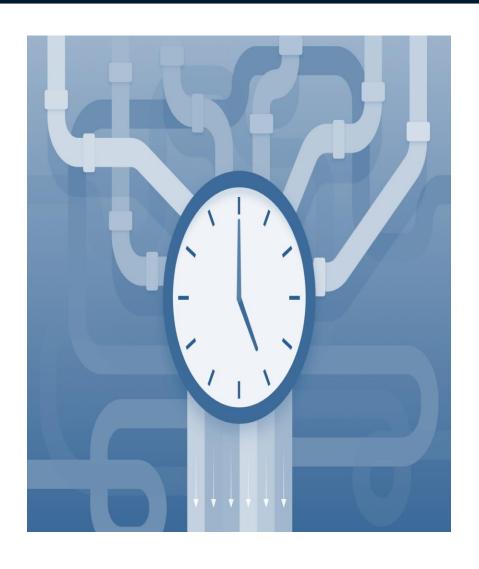
## Sample Interview Questions



- Please share a time in your life when you failed at something. Identify how you
  responded to the failure and anything you learned about yourself or life as a
  result.
- When you feel stressed, overwhelmed or upset, how do you do deal with it? What do you do to relieve yourself of stress or maintain your emotional well-being during challenging times?
- What, if any, emotional well-being practices/exercises do you use in your life?
- How do you intend to balance the intense stressors of this job with your own emotional well-being?
- In your opinion, what is the relationship between happiness and emotional wellbeing, on the one hand, and professional success, on the other hand?
- What does "success" mean to you? What will it mean to be a "successful" at this firm and in life?

## Well-being integration into billable hours





- The billable hour is the conclusive reflection of what a firm actually values
- Disastrous Catch-22:
  - Billables or Wellness?
  - v. Pro Bono hours
- Must be firm-sponsored and measurable (cap of 50 per year?)





# Partner well-being upward assessments



## **Awareness / Information**



## Accountability

- Direct Discussions re \$\$
- Coaching
- PIP
- Incentives / Comp





## Systematized well-being check-ins by partners







- "How is your well-being these days?"
- "How are you stress levels this week?"
- "How are you doing mentally / emotionally?"

If every partner is not asking this sort of question to each report once per month, she/he is failing

## 6 Well-being mining from exit interviews



Data-driven, objective, & systematic

**Annual Report with** aggregated findings + leadership meeting + 3-part action plan







## 4-5 Core Values:

- "We are open-minded and compassionate towards each other"
- "Making mistakes is critical to growth and success, while refusing to learn from mistakes is not."
- Versus Empty Void: "we dominate, we win, and we please the client"

## **Jim Collins:**

 CVs are critical to cultural transformation & fiscal expansion

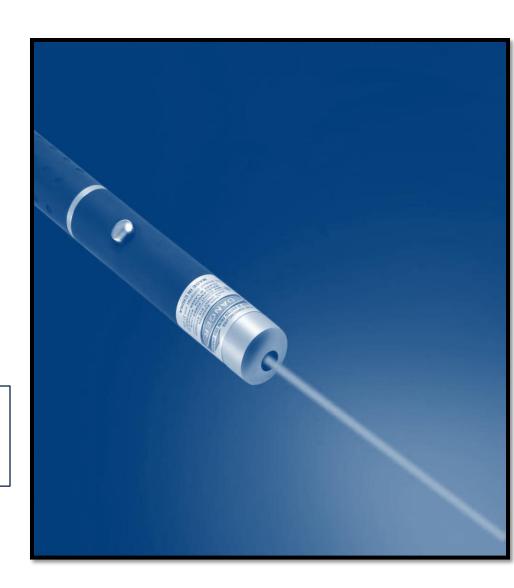
## 8 Annual keystone well-being goal



- Tangible & measurable
- Aluminum Company of America (Alcoa) in 1987
  - Paul O'Neil to Wallstreet: "zero injuries"
  - Huge drop in injuries
  - Net income increased 5x, market cap increased by \$27 billion

### **Examples**:

- Associate Turnover Rate
- Internal Survey: Satisfaction %
- Reduction in LOA/Disability rates







Open space for attorneys
 & staff to be heard, and for firm to learn information

- OMPs or FMP monthly (or quarterly):
  - 30-minute response

## Well-being integration into annual performance review



Implement stress resiliency and emotional regulation as an evaluative factor

If attorneys are in **no way** assessed by this factor, they are simply not going to value / prioritize it





## When your firm takes <u>5</u> of these tangible actions...



 Your organizational culture will positively transform (as will all of the subcultures)

You will begin dominating the "recruiting battle"

Your retention will skyrocket

## SUMMARY

## 10 Tangible Action Items firms can take to "right the ship" & positively transform their culture



- 1 Top partner well-being proclamations
- 2 Formal integration of well-being into the recruiting process
- (3) Well-being integration into billable hours
- 4 Partner well-being upward assessments
- 5 Systematized well-being check-ins by partners
- 6 Well-being mining from exit interviews
- Well-being core values
- 8 Annual keystone well-being goal
- 9 Anonymous well-being feedback E-Box
- 10 Well-being integration into annual performance review

## MAJOR, LINDSEY & AFRICA



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